

# **AKPAR**

## **PROFESSIONAL SUMMARY**

A compassionate practitioner over 20 years of experience working in government and private healthcare institutions in Sri Lanka. Passionate about care of elderly and children, skilled at managing schedules and keeping clients as active as possible. Culturally sensitive with the ability to provide clients with both physical and emotional support.

## **EXPERIENCE**

- **2025 to date**  
working as a caregiver and care coordinator at Mathalie care service, Harrow.
- **2015 to 2024**  
I worked at a private institution which provides community care and rehabilitation for patients following stroke, backpain, dementia, cancer, palliative care etc, especially for the elderly. Counselling for family, drug users, addiction, parenting, stress management, and childcare
- **2007 to 2017**  
Worked in Intensive care unit at Lady Ridgeway Hospital for Children, Sri Lanka
- **2018 to 2022**  
Worked at orthopaedic unit at National Hospital of Sri Lanka.
- **2023 to 2024**  
Worked at radiology unit at Lady Ridgeway Hospital for Children in Sri Lanka

## **EDUCATION QUALIFICATIONS**

### **1. 2001**

Obtained Doctor of General Medicine from Ukraine

### **2. 2007 to 2019**

Actively involved in Neonatal Life Support, Basic Life Support and Advanced Paediatric Life Support along with Australian Emergency Team

### **3. 2024**

Care-giver: Competency-based training programme

(Oberone Institute, Sri Lanka)

**SKILLS**

- Effective verbal and written communication
- Empathy and observation
- Administering medication and patient support
- Basic maintenance

**2025**

Following the course in caregiving of Careskills Academy.