

Betty John

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Personal Statement

A compassionate and highly dedicated **Registered Nurse from India**, with over **6 years of professional experience** in Paediatric ICU and Emergency settings. Now seeking to transition into an **NHS Healthcare Assistant role**, bringing strong clinical skills, patient-centred care, and excellent communication abilities. Committed to delivering the highest standards of care, ensuring patient dignity, and working collaboratively within multidisciplinary teams to improve patient outcomes.

Key Skills

- **Patient-Centred Care**
 - **Personal Care & Hygiene Assistance**
 - **Medication Assistance & Observations**
 - **Compassion & Empathy**
 - **Effective Communication & Teamwork**
 - **Infection Control & Health and Safety**
 - **Mobility and Moving & Handling Support**
 - **Vital Signs Monitoring (BP, Pulse, Temp, Oxygen)**
 - **Record Keeping & Documentation**
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Professional Experience

Staff Nurse – Paediatric Emergency

Al Mouwasat Hospital, Dammam, Saudi Arabia

February 2021 – October 2023

- Delivered care and support to critically ill children and their families.
- Assisted with personal care, hygiene, feeding, and emotional support.
- Monitored vital signs and documented patient progress accurately.
- Collaborated with multidisciplinary teams to ensure effective care delivery.
- Maintained high standards of infection control and patient safety.

Staff Nurse – Paediatric ICU

Max Super Specialty Hospital, New Delhi, India

January 2018 – December 2020

- Provided care for patients with complex medical conditions in ICU.
 - Assisted patients with daily living activities and maintained comfort.
 - Supported children and parents through emotional and psychological care.
 - Observed and reported changes in patient condition to senior nurses and doctors.
 - Ensured proper handling of medical equipment and maintained a hygienic environment.
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Education & Qualifications

BSc Nursing

Dr. M.G.R. University of Health Sciences, Chennai (PPG College of Nursing, Coimbatore) — 2017

Higher Secondary (Plus Two)

Fatima Matha EMHSS, Piravom — 2013

SSLC

M.K.M HSS, Piravom — 2011

Certifications

- **Occupational English Test (OET)** – Valid until April 2026
 - Reading: B | Writing: B | Listening: C+ | Speaking: B

Relevant Clinical Experience and Tasks

- Assisting patients with **daily living activities** (personal hygiene, feeding, mobility).
- Providing **emotional support** to patients and families in sensitive situations.
- Observing, recording, and reporting changes in patient health.
- Supporting patients during **medical procedures** and **rehabilitation**.
- Maintaining **clean, safe, and comfortable environments** for patients.
- Working effectively with other healthcare professionals to ensure quality care.

Equipment & Tools Used

- Vital Signs Monitors (BP, Temp, O2 Sat)
- Manual Handling Aids (hoists, wheelchairs)
- Glucose Meters, Suction Machines
- Mobility and repositioning aids

Languages

- English (Fluent)
 - Malayalam (Native)
 - Hindi (Fluent)
 - Tamil (Conversational)
 - Arabic (Basic)
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